



# **BGCTM Girl's Sports Day**

## **Saturday, October 15, 2022**

### **3<sup>rd</sup>-8<sup>th</sup> Grade Girls and their Parents**

**Parents/Guardians and Players:** Join us for a special *Girl's Sports Day*, which will include a free clinic conducted by the UNR Women's basketball coaching staff and players, along with other UNR Women's Sports coaches and players. Following the clinic, hear from players and coaches how participation in sports has played an important role in their lives.

*Studies show that girls who participate in sports do better in school, are more healthy throughout their lives, feel better about themselves both physically and socially, and learn important team building and problem solving skills that will last their lifetime. Further, sports participation often plays a prominent role in shaping the careers of many successful women.*

**WHERE:** Boys & Girls Club, 1300 Foster Drive. Enter through west parking lot gate at the back of the lot.

**TIME:** 12:00-1:30 pm.

**\*\*No registration required; just show up and have fun!\*\***

***Parents: Come and learn how sports participation can make a profound impact on your daughter's life!***

For more Information: (775) 360-2442, or [sgeorge@bgctm.org](mailto:sgeorge@bgctm.org)

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**BOYS & GIRLS CLUB**  
OF TRUCKEE MEADOWS  
SERVING RENO, SPARKS AND FERNLEY AREAS